

WEEK 1	 MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main dish	 Vegetable, lentil & coconut curry with 50/50 rice	  Chicken & tomato pasta bake	Roast chicken with creamy mash potato & gravy	All day breakfast	Crispy battered fish & chunky chips
Vegetarian Main dish	 Sweet & sour Quorn™ with 50/50 rice	Vegetarian pasta bake	 Quorn™ fillet with roast potatoes & gravy	Vegetarian all day breakfast	 Crispy vegetable fingers with chunky chips
Accompaniments	Peas & carrots Salad bar	Green beans & sweetcorn Salad bar	Broccoli & cauliflower Salad bar	Peas & baked beans Salad bar	Mushy peas & baked beans Salad bar
Desserts	Blueberry & banana muffin	Lemon biscuit	 Fruit flapjack	Chocolate muffin	 Orange jelly & fruit
Fresh fruit or yoghurt	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt
Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection

