

**Week 1** w/c 13/04, 04/05, 01/06, 22/06, 13/07, 14/09, 05/10

Monday

| Main Meal                                                                         | Vegetarian                                                      | Jacket Potato  | Sandwich Choice |
|-----------------------------------------------------------------------------------|-----------------------------------------------------------------|----------------|-----------------|
| Chicken with Curry<br>Sauce<br>Rice<br>Sweetcorn & Broccoli<br>Homemade Flatbread | Macaroni & Cheese<br>Sweetcorn & Broccoli<br>Homemade Flatbread | Cheese & Beans | Cheese Sandwich |
| Dessert – Chocolate Cookie                                                        |                                                                 |                |                 |

Tuesday

| Main Meal                                                                                        | Vegetarian                                                                        | Jacket Potato | Sandwich Choice |
|--------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|---------------|-----------------|
| Big breakfast with<br>Sausage, Bacon, Hash<br>Browns, Baked Beans<br>Tomatoes<br>Wholemeal Bread | Veggie Breakfast with<br>Hash Browns, Baked<br>Beans, Tomatoes<br>Wholemeal Bread | Baked Beans   | Ham Sandwich    |
| Dessert – Flapjack with Fruit                                                                    |                                                                                   |               |                 |

Wednesday

| Main Meal                                                            | Vegetarian                                                   | Jacket Potato | Sandwich Choice         |
|----------------------------------------------------------------------|--------------------------------------------------------------|---------------|-------------------------|
| Gammon<br>Potatoes<br>Carrots & Cauliflower<br>Gravy<br>French Stick | Vegetable Jambalaya<br>Carrots & Cauliflower<br>French Stick | Tuna Mayo     | Salmon Mayo<br>Sandwich |
| Dessert – Strawberry Layer Dessert                                   |                                                              |               |                         |

Thursday

| Main Meal                                                                       | Vegetarian                                                                    | Jacket Potato | Sandwich Choice |
|---------------------------------------------------------------------------------|-------------------------------------------------------------------------------|---------------|-----------------|
| Margherita Pizza<br>Side Salad<br>Green Beans &<br>Sweetcorn<br>Wholemeal Bread | Veggie Burrito<br>Side Salad<br>Green Beans &<br>Sweetcorn<br>Wholemeal Bread | Cheese        | Cheese Sandwich |
| Dessert – Sprinkle Cake                                                         |                                                                               |               |                 |

Friday

| Main Meal                                               | Vegetarian                                                     | Jacket Potato           | Sandwich Choice  |
|---------------------------------------------------------|----------------------------------------------------------------|-------------------------|------------------|
| Fish Fingers<br>Chips<br>Peas & Carrots<br>French Stick | Veggie Sausage Roll<br>Chips<br>Peas & Carrots<br>French Stick | Cheese & Baked<br>Beans | Sausage Baguette |
| Dessert – Chocolate Pear Slice                          |                                                                |                         |                  |

**Available Daily** – Fruit, Yoghurt, Bread, Pasta Bowl & Water or Fruit Juice Drink

**Week 2** w/c 20/04, 11/05, 08/06, 29/06, 31/08, 21/09, 12/10

Monday

| Main Meal                                                                          | Vegetarian                                                                        | Jacket Potato | Sandwich Choice |
|------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|---------------|-----------------|
| Quorn Dippers<br>Homemade Sauce<br>Rice<br>Sweetcorn & Broccoli<br>Wholemeal Bread | Sweet Potato & Lentil<br>Curry<br>Rice<br>Sweetcorn & Broccoli<br>Wholemeal Bread | Baked Beans   | Ham Sandwich    |
| Dessert – Salted Caramel Cookie                                                    |                                                                                   |               |                 |

Tuesday

| Main Meal                                                                   | Vegetarian                                                                     | Jacket Potato           | Sandwich Choice |
|-----------------------------------------------------------------------------|--------------------------------------------------------------------------------|-------------------------|-----------------|
| Meatballs in Tomato<br>Sauce<br>Spaghetti<br>Carrots & Peas<br>Garlic Bread | Veggie Balls in Tomato<br>Sauce<br>Spaghetti<br>Carrots & Peas<br>Garlic Bread | Cheese & Baked<br>Beans | Cheese Sandwich |
| Dessert – Chocolate Brownie with Fruit                                      |                                                                                |                         |                 |

Wednesday

| Main Meal                                                              | Vegetarian                                                                  | Jacket Potato | Sandwich Choice      |
|------------------------------------------------------------------------|-----------------------------------------------------------------------------|---------------|----------------------|
| Chicken<br>Mashed Potato<br>Cabbage & Carrots<br>Gravy<br>French Stick | Quorn Fillet<br>Mashed Potato<br>Cabbage & Carrots<br>Gravy<br>French Stick | Tuna Mayo     | Salmon Mayo Sandwich |
| Dessert – Carrot Cake Muffins                                          |                                                                             |               |                      |

Thursday

| Main Meal                                                                   | Vegetarian                                                     | Jacket Potato | Sandwich Choice |
|-----------------------------------------------------------------------------|----------------------------------------------------------------|---------------|-----------------|
| Chicken Goujon Wrap<br>Garlic Mayo<br>Potato Wedges<br>Sweetcorn & Coleslaw | Tex Mex Chilli Loaded<br>Potato Wedges<br>Sweetcorn & Coleslaw | Cheese        | Ham Sandwich    |
| Dessert – Ice Cream with Fruit                                              |                                                                |               |                 |

Friday

| Main Meal                                                             | Vegetarian                                                       | Jacket Potato           | Sandwich Choice  |
|-----------------------------------------------------------------------|------------------------------------------------------------------|-------------------------|------------------|
| Breadded Fish Fillet<br>Chips<br>Peas & Baked Beans<br>Homemade Bread | Macaroni Cheese<br>Chips<br>Peas & Baked Beans<br>Homemade Bread | Cheese & Baked<br>Beans | Sausage Baguette |
| Dessert – Pinwheel Biscuits                                           |                                                                  |                         |                  |

**Available Daily** – Fruit, Yoghurt, Bread, Pasta Bowl & Water or Fruit Juice Drink.

**Week 3** w/c 27/04, 18/05, 15/06, 06/07, 07/09, 28/09, 19/10

Monday

| Main Meal                                                  | Vegetarian                                                        | Jacket Potato        | Sandwich Choice |
|------------------------------------------------------------|-------------------------------------------------------------------|----------------------|-----------------|
| Chicken Burger in a bun<br>Potato Wedges<br>Carrots & Peas | Southern style burger in a bun<br>Potato Wedges<br>Carrots & Peas | Cheese & Baked Beans | Cheese Sandwich |
| Dessert – Apple Oat Cookie                                 |                                                                   |                      |                 |

Tuesday

| Main Meal                                                                   | Vegetarian                                                                    | Jacket Potato | Sandwich Choice |
|-----------------------------------------------------------------------------|-------------------------------------------------------------------------------|---------------|-----------------|
| Beef Taco<br>Sunshine Rice<br>Sweetcorn Salsa & Broccoli<br>Wholemeal Bread | Veggie Taco<br>Sunshine Rice<br>Sweetcorn Salsa & Broccoli<br>Wholemeal Bread | Beans         | Ham Sandwich    |
| Dessert – Lemon Cake with Fruit                                             |                                                                               |               |                 |

Wednesday

| Main Meal                                                                                             | Vegetarian                                                                                                   | Jacket Potato | Sandwich Choice      |
|-------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------|---------------|----------------------|
| Sausage with Yorkshire Pudding<br>Mashed Potatoes<br>Carrots & Cauliflower<br>Gravy<br>Homemade Bread | Veggie Sausage with Yorkshire Pudding<br>Mashed Potatoes<br>Carrots & Cauliflower<br>Gravy<br>Homemade Bread | Tuna Mayo     | Salmon Mayo Sandwich |
| Dessert – Jelly with Fruit                                                                            |                                                                                                              |               |                      |

Thursday

| Main Meal                                                                 | Vegetarian                                                                 | Jacket Potato | Sandwich Choice |
|---------------------------------------------------------------------------|----------------------------------------------------------------------------|---------------|-----------------|
| Margherita Pizza<br>Side Salad<br>Green Beans & Sweetcorn<br>Garlic Bread | Vegetable Lasagne<br>Side Salad<br>Green Beans & Sweetcorn<br>Garlic Bread | Cheese        | Cheese Sandwich |
| Dessert – Jam Sponge                                                      |                                                                            |               |                 |

Friday

| Main Meal                                                      | Vegetarian                                                      | Jacket Potato        | Sandwich Choice  |
|----------------------------------------------------------------|-----------------------------------------------------------------|----------------------|------------------|
| Fish Fingers<br>Chips<br>Peas & Baked Beans<br>Wholemeal Bread | Cheese Panini<br>Chips<br>Peas & Baked Beans<br>Wholemeal Bread | Cheese & Baked Beans | Sausage Baguette |
| Dessert – Chocolate Cracknel                                   |                                                                 |                      |                  |

**Available Daily** – Fruit, Yoghurt, Bread, Pasta Bowl & Water or Fruit Juice Drink

- **THEMED LUNCH DATES**

Wednesday 22<sup>nd</sup> April – **Step into Spring Time**

Great British Roast Dinner

Vegetarian Roast Dinner

Strawberry Cheesecake

Jacket Potato and Sandwich option still available

Thursday 21<sup>st</sup> May – **Taste the Music**

Sweedish Style Meatballs

Potato Puffs & Creamy Sauce

Austrian Chocolate Cake

Jacket Potato and Sandwich option still available

Thursday 25<sup>th</sup> June – **Men's Fifa World Cup**

Beef Burger Quesadillas

Doughnuts with Chocolate Sauce

Jacket Potato and Sandwich option still available

Friday 17<sup>th</sup> July – **Seaside Special**

Fish & Chips

Quorn Dippers & Chips

Mushy Peas or Curry Sauce

Rocket Lollie or Ice Cream

Jacket Potato and Sandwich option still available

Tuesday 15<sup>th</sup> September – **Love your Lunch**

Big Breakfast

Veggie Breakfast

Chocolate Sponge

Jacket Potatoes and Sandwich option still available

Thursday 1<sup>st</sup> October – **Lights, Camera, Lunch**

Hollywood Hotdog with Loaded Nachos

Cola Jelly

Jacket Potatoes and Sandwich option still available