



Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Dish</b>	Pork Sausage with creamy mashed potato & gravy	Beef burger with baked potato wedges	Roast chicken with Yorkshire pudding, roast potatoes & gravy	BBQ Chicken fajitas	Crispy fish fingers with chunky chips
<b>Vegetarian Main Dish</b>	Vegan sausage with mashed potato & gravy	Quorn burger with baked potato wedges	Quorn roast with Yorkshire pudding, mashed potato & gravy	Quorn fajitas	Quorn nuggets with chunky chips
<b>Accompaniments</b>	Carrots & green beans ----- Salad bar	Peas & coleslaw ----- Salad bar	Sweetcorn & carrots ----- Salad bar	Broccoli & green beans ----- Salad bar	Peas & baked beans ----- Salad bar
<b>Desserts</b>	Chocolate Orange muffins	Flapjack	Fruit in jelly	Shortbread	Ice cream
<b>Fresh Fruit or Yoghurt</b>	Fresh fruit or yoghurt	Fresh fruit or yoghurt	Fresh fruit or yoghurt	Fresh fruit or yoghurt	Fresh fruit or yoghurt
<b>Jacket Potato &amp; Sandwich selection</b>	Jacket potato or Cheese sandwich	Jacket potato or Ham sandwich	Jacket potato or Egg mayo sandwich	Jacket potato or Tuna sandwich	Jacket potato or Cheese sandwich



# MENU



Fuel your afternoon with a healthy school lunch from Mellors



- MEAT FREE MONDAY



- 1 OF YOUR 5 A DAY



- CHEF'S CHOICE

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Dish</b>	Pepperoni pizza with half a jacket potato	Chicken burger with baked wedges	Roast Gammon with creamy mashed potatoes & gravy	Chicken Korma with 50/50 rice	Crispy battered fish & chunky chips
<b>Vegetarian Main Dish</b>	Margherita pizza with half a jacket potato	Quorn burger with wedges	Quorn roast with Yorkshire pudding, mashed potato & gravy	Vegetarian Korma with 50/50 rice	Cheese flan & chunky chips
<b>Accompaniments</b>	Green beans & sweetcorn ----- Salad bar	Peas & coleslaw ----- Salad bar	Carrots & broccoli ----- Salad bar	Green beans & cabbage ----- Salad bar	Peas & baked beans ----- Salad bar
<b>Desserts</b>	Chocolate whip & fresh fruit	Fruit meringue	Ice cream roll	Marble sponge & custard	Fruit in jelly
<b>Fresh Fruit or Yoghurt</b>	Fresh fruit or yoghurt	Fresh fruit or yoghurt	Fresh fruit or yoghurt	Fresh fruit or yoghurt	Fresh fruit or yoghurt
<b>Jacket Potato &amp; Sandwich selection</b>	Jacket potato or Cheese sandwich	Jacket potato or Ham sandwich	Jacket potato or Egg mayo sandwich	Jacket potato or Tuna sandwich	Jacket potato or Cheese sandwich



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Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Dish</b>	Hot dog with potato wedges	Italian pasta Bolognese with garlic bread	Roast chicken with creamy mashed potatoes & gravy	Chicken Chow Mein	Fish fingers with chunky chips
<b>Vegetarian Main Dish</b>	Veggie sausage hotdog with potato wedges	Vegetarian Bolognese pasta with garlic bread	Quorn roast with Yorkshire pudding, mashed potato & gravy	Vegetable Chow Mein	Quorn nuggets with chunky chips
<b>Accompaniments</b>	Peas & sweetcorn ----- Salad bar	Carrots & green beans ----- Salad bar	Broccoli & Cabbage ----- Salad bar	Green beans & Sweetcorn ----- Salad bar	Peas & baked beans ----- Salad bar
<b>Desserts</b>	Chocolate brownie	Strawberry mousse	Fruit in jelly	Vanilla sponge	Ice cream roll
<b>Fresh Fruit or Yoghurt</b>	Fresh fruit or yoghurt	Fresh fruit or yoghurt	Fresh fruit or yoghurt	Fresh fruit or yoghurt	Fresh fruit or yoghurt
<b>Jacket Potato &amp; Sandwich selection</b>	Jacket potato or Cheese sandwich	Jacket potato or Ham sandwich	Jacket potato or Egg mayo sandwich	Jacket potato or Tuna sandwich	Jacket potato or Cheese sandwich



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- CHEF'S CHOICE